

# The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS



Photo by Ken Davis

Close-up view of a Stonefly gathered on the East Carson River.

*April 2004*



Visit our website: <http://www.gbflycasters.org>

# April 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. Conservation Committee meeting	2.	3. Daylight Savings
4.	5.	6. Flyfishing basics	7. Intermediate Casting Clinic 3, part 2	8. General meeting: 7 pm see page 10	9.	10. Regional Fly Tying Jamboree GBF Clubhouse 10 am
11.	12.	13.	14.	15. Board meeting 7pm-9 Greenstone fishout	16.	17. Kiene's Fly Fishing Expo
18.	19.	20. Fly Tying Jam Fly rod building, part 2	21.	22.	23. Spey-O-Rama, GGFC	24.
_____	26.	27.	28.	29.	30.	Trout Season opens
25.	_____					

# President's Message

G a r y F l a n a g a n

This month's President's Message comes to you in a good news bad news format. Granite Bay Flycasters now has several hundred paid members. This is the largest our club has ever been. At the February meeting we had 142 attendees. We thought it was a fluke. At the March meeting, we had 133 members that showed up at the meeting and everyone had a great time. Keep in mind, this is only April and membership renewals were due in January. What is amazing is, we only lost about five percent of our membership from last year!

Depending on how you look at it, this is a good thing or this is a bad thing. I honestly believe that what is happening is fantastic. Which means I believe this is good news. We are doing something right. I was told at an early age that if you provide something good, people want to be a part of it. We have fun. Couple this with solid flyfishing education, and important conservation work and it is easy to see that we have a winning combination.

However, we are having growing pains. We need more fishouts, more activities, more room and more of everything. I hate hearing about the 20/80 rule. Volunteers make this club vibrant and viable. Don't wait to be asked to help out. The more you do the more fun you will have. It's the new members that bring positive change to a club.

By the time you read this the

GBF annual dinner will be over. I can already tell that this year's dinner will have been the best ever. We have sold over



two hundred tickets to the event and our attendees will have taken home over ten thousand dollars in raffle and silent auction items and services. All the area fly-shops have kicked in and supported this event and our annual dinner would not be possible without the generosity of American River Flyfishing Co., Fly Fishing Specialties and Kiene's Fly Shop. Thank you so much, Peter, Gary, Stan, Bernie, Bill and Marilyn for your support throughout the last several years.

As you know, Dick Henry died recently from cancer. I didn't know Dick well and as with the permanence of death, I wish I had gotten to know him better. I helped Dick two years ago at the Upper Sac at the Short-line Clinic. I watched him catch several fish in one riffle. After that, I moved upstream about twenty feet and started casting for myself. In the next twenty minutes, I watched Dick land two more trout; I hadn't hooked anything myself so I started watching Dick more closely so that I might learn something. I didn't, and I finally decided that the Fish Gods were smiling on Dick that day and I am sure they still are.

# The 'Fox Poopah'



'Fox Poopah'

The Fox Poopah has become a fly shop staple as an emerging caddis pupa. I believe it was created by Rick Fox. It's an easy pattern to tie, and is deadly during caddis emergence periods. I usually carry this fly in sizes 14, 16, and 18, tied with olive, tan, or orange bodies.

I always recommend tying at least a half dozen of a pattern when you sit down at the bench. You will save time in the long run, and your flies will be more uniform in appearance. It's a real time saver to lay out your materials in a logical manner before beginning that first fly. The Fox Poopah is no exception. Before beginning, cut six  $\frac{3}{4}$ " long pieces of vernille. Using a lighter or a butane match, singe one end of each piece of vernille slightly, so that it tapers to a point. Set these aside. Take an ostrich plume, cut a dozen herls from the stem, and set these aside. Cut a 10" long piece of fine gold wire, to be used for the ribbing. Segregate 6 hooks and 6 gold beads, and cut a 10" piece of .015 lead wire. Now you are ready to begin tying this beauty.

## I n s t r u c t i o n s :

1. With the hook bare, place bead on hook, and apply 10 turns of .015 lead. Push the lead into the wider hole of the bead.

2. Cover lead with thread, building a "dam" behind the lead to hold it in place. Cover the rest of the shank, going  $\frac{1}{2}$  way down the bend with thread.

3. Tie in gold wire and 3 strands of crystal flash, and move the thread forward to the bead.

4. Take the 3 strands of crystal flash and wind them forward, covering the hook. Tie these off behind the bead.

5. Move the thread back to a point  $\frac{1}{8}$ " behind the bead, and tie in a piece of vernille with the singed end pointing out behind the hook. The tip of the vernille should extend about  $\frac{1}{16}$ " behind the hook. Trim the butt of the vernille closely

6. Rib the vernille tightly with the gold wire. If the vernille moves around the hook, pull it back and make the next wrap of gold wire tighter than the last. Tie the wire off where the vernille was tied in.

7. Strip the fuzz from the butt end of

*See 'Fox Poopah' page 5*

## MATERIALS

<b>Hook</b>	Daiichi 1260, size 14
<b>Thread</b>	Brown 8/0
<b>Bead</b>	Gold 3/32" bead
<b>Underbody</b>	Pearl crystal flash
<b>Body</b>	"Poopah Tan" Vernille
<b>Legs</b>	Partridge fibers
<b>Antennae</b>	Wood duck flank fibers
<b>Head</b>	Brown ostrich herl

# tying the ‘Fox Poopah’

from page 4

a partridge feather. Cut the tip out of the feather, leaving a “V” shaped piece. Place the “V” over the shank at the point where the vernille was tied in; holding the barbules tightly in place there, take 3 tight wraps around them. The legs should be pointing down and to the rear. Trim the butt of the feather off.

8. Take a well marked wood duck flank feather and cut 2 barbs from it, taking care to keep them even. Tie them in at spot where the vernille was tied in, making them point to the rear, sticking out slightly beyond the tip of the vernille

9. Tie in two ostrich herls by the butt end, and wrap them forward to the bead. Tie them off there, and whip finish. Fish this puppy as an emerger,

allowing it to rise from the bottom to the top at the end of the drift.

See ya on the creek!!!

## Monthly Fly Tying Winners for March

Beginners:

**Ray Nunez**

Non-Beginners:

\$25 gift certificate from American Fly Fishing Company:

**Bill Aaberg**

Best Tie: **Ron English**

## One Fly Contest at President’s Picnic

On Saturday, June 26<sup>th</sup>, GBF will hold its now-annual one-fly contest on the Saturday of the President’s picnic and camp-out. Last year the camp-out and picnic was a huge success, attended by numerous members and their families. One of the highlights of this event for me was seeing all of the kids there. Another highlight was the one-fly contest at Fuller Lake.

Rick Radoff took the most-fish prize, but there were many other (some humorous) prize categories (smallest fish; no fish; etc.). Anyone can participate in the contest, and the teams are chosen randomly by drawing names from a hat. There is no cost to participate, but we do have to have an advance sign-up list in order to assemble the teams. For details, or to have your name added to the list, call Bill Carnazzo at (916) 663-2604 (home) or (916) 295-9353 (cell); or send an email: [billcarnazzo@aol.com](mailto:billcarnazzo@aol.com).

There will be a sign-up list at all of the general meetings between now and the picnic.

### *Don't be shy, submit a fly* **Fly Tying Skills Program**

Sponsored by American Fly Fishing Company

Beginner: \$15 gift certificate

Non-beginner: \$25 gift certificate

Observe a fly tying master tie this fly at this month’s general meeting and bring it to next month’s meeting to be eligible for gift certificates donated by American Fly Fishing Company.

Get input and critiques from experienced tiers. This will help you improve your skills and help increase your chances of catching fish.

Rules:

- Judging takes place during the general meeting.
- Winning flies are those that best match the specific pattern recipe published. No other pattern is accepted.
- Non-beginner category certificate winner will be drawn at random from among entries in that category.
- Beginners will be moved to non-beginner category after winning their category twice.

# Bylaw amendments made

## GBF Board Recommends Amendments to Bylaws

At the May General Meeting GBF Members will be asked to vote on two amendments to the Bylaws.

First, the current Bylaws preclude officers from serving more than two consecutive terms in the same office. It is the Board's desire that a change in Officers occurs at a minimum of every two (2) years. However there is no provision should a qualified candidate not volunteer to run for an office. The Board, wanting to insure that there are no vacancies in the Officer position, has proposed a change to the Bylaws in Section 8 to allow for additional service by an individual. In Section 8, below, the underlined words are the existing Section 8 followed by the proposed additional language.

Article VII, Section 8 - Term of

## Office

Elected Officers shall serve from July 1st following their election for one (1) year. Upon installation, the President shall serve until the President's successor is installed. No Officer may stand for election to the same office for more than two (2) consecutive terms without extenuating circumstances. Notwithstanding this provision, if a qualified candidate does not volunteer to run for election and one cannot be found within the membership, the Board may request an Officer who has served two (2) or more consecutive terms to run for re-election and the ballot notice to the membership shall reflect this exception. If the Treasurer is elected for an extended term, an audit of the Organization's financial records must be performed by a qualified third party (member or non-member) immediately following the close of the most recent fiscal year. The resulting audit report shall be sent to the President for presentation to the Board at the next regular Board Meeting.

Other Sections (Language Standardization and Clarifications)

The second amendment to the Bylaws does not change the meaning and intent of any the existing Bylaw sections but is primarily "general language cleanup" and includes the following:

- Currently the Bylaws refer to GBF as both the "Organization" and the "Corporation". The language change standardizes all references to "Organization".

- In Article III, Section 4, there is reference to "a member who fails to become a holder of a paid up dues card". Since GBF no longer issues "dues cards" this language is being changed to read "a who fails to pay their annual dues".

see 'Amendments' page 7

## SPRING CREEK

## FLYCRAFT

AND

## GUIDE SERVICE

Bill Carnazzo, Licensed Guide

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622 South First Street  
Dunsmuir, CA 96025

(916) 663-2604

2079 Country Hill Run  
Newcastle, CA 95658

# Amendments

from page 6

- Article III, Section 8, lists the types of memberships, Regular, Youth and Lifetime. Since GBF offers two types of Regular Memberships (Individual and Family) the Board has inserted "Individual and Family" in this section and makes it clear that an Individual or Family Membership is entitled to only one vote.

- Throughout Articles IV through

VI, the term "regular" meeting us used to describe both the monthly members meeting and the monthly meetings of the Board of Directors. In the amended Bylaws the monthly meeting of members is changed to General Meeting.

Our website, [www.gbflycasters.org](http://www.gbflycasters.org) has the proposed Bylaws posted for your review should you desire to read them in their entirety.

# Library "Under New Management"

Hi, I am Mike Howes and I have taken over the GBF library. I was told this is a "thankless job" but I look at it as an opportunity to help educate our members by having resources (books and videos) available for use. I can't do this alone, but I will give it my all in

making the process smooth. I need your help in making sure there are books/videos available. When you check out a book/video it is due the next meeting. To help you remember, I will be sending out an email the weekend before each

see 'Library' page 8



**BOB QUIGLEY—April 3**



**MEL KRIEGER—May 1**

## **CELEBRITY CLINICS!**

### **BOB QUIGLEY'S SPRING HATCH PATTERNS**

Saturday, April 3 · 11 am–4 pm · \$50

### **MEL KRIEGER'S BEGINNERS TO INTERMEDIATE CASTING CLINIC**

May 1 · 10:30 am–4:30 pm · \$50

*For details on these events, call or click.*



## **AMERICAN FLY FISHING CO.**

3523 Fair Oaks Blvd.  
Sacramento, CA 95864

916 483-1222 or 800 410-1222

# **www.americanfly.com**

## GBF Library has new leader

see 'Library' page 7

meeting reminding those who have an item(s) checked out of the library to return it.

You will have access to all the books in the library; they have been categorized and alphabetized for easy look up. A new library card requires you to give your last name, initial, date, and email address. There is also a column marked RTN (returned) you will be required to initial this when you return you item. Make sure you do this because you are responsible for

the book.

To help you locate the book in your house, ugly yellow dots have been put on the spine of each book for easy identification. You will be able to see at a glance in your library, reading table, and/or office if you have a GBF book.

Soon you will be able to review the library inventory on our web site

If we work together and keep the books and videos circulating our club will become a better, smarter, and, if possible, a more fun fishing club.

## N.Yuba River Nymphing Clinic June 12

This clinic is one of GBF's most popular events. It is always "sold out." Last year we had over 20 participants---and I believe everyone caught fish on nymphs by the

end of the day. The purpose of the clinic is to teach nymph fishing skills, with a sprinkling of other skills such as rigging, reading the water, and wading safety. The clinic is held in the morning, followed by self-provided lunch.

The afternoon is spent fishing. I, along with the other instructors, will work with each individual to help with problems and hone skills. As usual, we meet early in the morning at the pizza joint in Downieville, and head for the river after assembling there.

We can handle 20 persons. We will have a waiting list in case of cancellations. The fee is \$20.00. I will check with those who signed up to make sure that they are committed to attend, so that those interested will have a chance to sign up. For details, or to have your name added to the list or the waiting list, call Bill Carnazzo at (916) 663-2604 (home) or (916) 295-9353 (cell); or send an email: [billcarnazzo@aol.com](mailto:billcarnazzo@aol.com).

- **Bill Carnazzo**

### Denny Welch Attorney at Law

114 N. Sunrise Avenue,  
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email: [dennywelch@jps.net](mailto:dennywelch@jps.net)

# Bailey Creek Outing June 13



I've been able to book a 4 day, 3 night stay at Bailey Creek Lodge for GBF members, at a reduced rate. It will be limited to eight members. Bailey Creek is a small stream located east of Red Bluff off of Highway 36. The lodge is a modern, attractive, homey facility. All meals are provided.

Bailey Creek runs in front of the lodge, with access limited to lodge guests. The lodge also has two small lakes, one of which has hefty

wild Brown Trout. Float tubes are allowed. I talked to Pete Mitchell, the owner, at length, and saw his DVD presentation. The cost will be \$200 per day.

This is a special price for GBF members. It represents a reduction of about 1/3 from the regular price. The reserved time is as follows:

Sunday, June 13—arrive

Monday, June 14—fish

Tuesday, June 15—fish

Wednesday, June 16—fish and leave. There will be a sign up sheet at the April meeting.

We are limited to eight members, so you'll need to sign up then if you want to go. We already have five confirmed. For further info, call me: h- 916.663-2604, cell-916.295-9353, email: [billcarnazzo@aol.com](mailto:billcarnazzo@aol.com).

## Kiene's fly shop



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# Fly Fishing Baja “The Sea of Cortez”



Jay Murakoshi

Jay Murakoshi has been leading fly fishing specialty programs since 1973. His fly tying demonstrations and instruction are showcased at North American Expositions, Pro Shops, and Conclaves. He is a founding member of the “Pacific Pro Surf Association.” Over several years, he has taught a fly-fishing course at the local Junior College. Even one of his past students has gone on to become one of the top reel manufacturers in that industry. That person is Jon Bauer of Bauer Fly Reels.

Jay’s specialty is salt-water fly-fishing, especially the waters off Baja and the Sea of Cortez. He loves to target Roosterfish, Dorado and Yellow Fin Tuna. Jay and partner Ken Hanley, hold fly fishing schools in Baja for those wanting an introduction to the “Saltwater world” of fly-fishing. Their classes are in such demand that they are usually booked a year in advance.

Jay’s commercial tying skills (both design and production) are highly sought after by top guns in the business... including Trey Combs, Lefty Kreh and Ed Rice among others. He started tying commercially back in 1973. His first commercial account was Orvis. He has tied numerous baitfish patterns and some creative

squid patterns using tubes. He has also designed a number of flies for the surf using llama hair. His custom designs are available directly through his website: [www.fliesunlimited.com](http://www.fliesunlimited.com).

With decades of field experience, Jay has earned a Pro Staff position with such companies as: G. Loomis, Airflo Lines, Bauer Reels, Spirit River and Daiichi.

His program will cover the many different areas of the Baja peninsula; Loreto, La Paz/Las Arenas and the ‘East Cape’ or Punta Colorada area.

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*SPEAKER*

**JAY MURAKOSHI**

*GUIDE/INSTRUCTOR*

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He’s been fishing these waters for a few years now and has been doing “Inshore fly fishing clinics” for the past 4 years. Loreto, which is situated in the northern portion of the Sea of Cortez, is one of the favorite fly-fishing locations for giant Dorado during the summer months. By venturing out into the big blue waters of the sea of Cortez, you could run into a big bull dorado that will make your reel scream and put your rod to the max test.

With the wide range of species to fish (Roosterfish, Jacks and Dorado to Yellow Fin Tuna, Skippies and a variety of Rockfish), you’re sure to see some wild fishig.

Jay will also have suggestions on what types of rods, reels, lines, leaders and flies you will need to have. This program will get your adrenaline flowing and your arms aching.

**When:** April 8, 7 pm

**Where:** GBF Clubhouse

# GBF to make showing at Fair

Granite Bay Flycasters has been asked to participate the Eldorado County Fair on June 20<sup>th</sup> from 12PM to 4PM.

That means we need club members to volunteer their time. We will be showcasing fly-casting and fly tying skills. The area provided for us will be one-third of the covered horse arena, which will be paneled off for casting demonstrations. On the other side, next to the bleachers, we will be provided 8-foot tables for fly tying demonstrations.

There will be chairs for the public to sit at and ask questions.

Our club members have been great at donating their time and because of this, we have our reputation to uphold. Passes into the fair will be provided and there is free parking for participants.

Contact Linda Shaw and tell her you would like to help at (530) 885 3111 or e-mail her at: coolinda@juno.com. Sign up sheets will also be at the April meeting.

- **Linda Shaw**

## Is it Fishmeister or Fishmaster?



Bill Carnazzo

At Granite Bay Flycasters, the person in charge of coordinating a fishout is called a fishmaster. This title doesn't mean that this person is the world's best flyfisher and they catch ten times as many fish as

anyone else. But in the case of our two new fish masters this isn't far from being factual.

Bill Carnazzo and Karl Wolff have graciously volunteered to coordinate fishouts for the club. Both are above average anglers that possess very good organizational skills.

This position is one of the most important jobs in the club and not only requires a vast knowledge of our local fisheries but also requires the ability to write interesting articles for the Leader announcing fishouts and trips.

Communicating with the membership through articles, e-mail, the

website and the message board requires special skills and keeping the membership informed is very demanding. These two guys won't let you down.

GBF President Gary Flanagan said "Bill and

Karl have some great ideas for future fishouts and I am looking forward to seeing what they come up with. One thing a good fishmaster looks for is help. If you have a favorite location you like to fish, let them know. I bet they will convince you to lead a fishout there. The more fishouts we can have the better the club will become".

We also thank Jack Ramos for starting off the 2004 fishhouts and stepping up to the plate and hitting it out of the park early in the season.

Bill Carnazzo: billcarnazzo@aol.com

Karl Wolff: kwolff@qwestonline.com



Karl Wolff

# Dick Henry 1942 - March 5<sup>th</sup> 2004



Left- Dick Henry

Dick Henry passed away last Friday, 3-5-04, from cancer.

His time with us was brief, he was only 62 years of age, but the memories will

last on for the rest of all our lives. Dick was a proud politically correct conservative and often times reflected on his employment with the Ross Perot Company with humor. An alternate career during the 60's was as a Captain with the Marine Corp where he heroically flew 350+ missions with his F-4 Phantom fighter aircraft.

Dick finished his career with IBM where he spent about 20 years bidding and supervising the installation of data systems. He retired almost two years ago and was looking forward to his next career, fly-fishing. Even though his time

here was cut short, he was on the water as often as he had time for.

Many times with a Granite Bay fly fisher or two. Whether he was breaking a rod, falling in the water, catching a beautiful fish or just relaxing after a long float trip with paper cup in hand and his favorite Merlot, he was always a joy to be around. One of my fondest memories...Pete Anderson, Dick and I were at Pete's cabin at Lake Almanor on the Marine Corps birthday. It was quite early, Pete wanted to get out there for I believe the Hex hatch.....so true to form, Dick with his SUV's 6 speaker stereo, all the doors opened he blasted the Marine Corp Hymn, I mean to tell you it was a loud proud moment. You see I'm a Marine and Pete's daughter is also a jarhead. His current career wasn't planned this soon, but he is in a better place for all of eternity. We'll miss you Dick.

Thanks for the friendship, Semper Fi.

**-Stan Saxton**

## (SB 904) to help protect rivers

At the March GBF general meeting, members of the Conservation Committee discussed the status of SB 904 (Chesboro). This legislation is designed to increase the protection of water quality and fisheries habitat in rivers classified as recreational under the California Wild and Scenic Rivers Act. The South and North Forks of the Yuba River are designated as recreational rivers and are under threat from timber harvesting in areas adjacent to the river. Friends of the River, South Yuba River Citizens League (SYRCL) and the Northern

California Council of Fly Fishers are supporting SB 904. The bill has passed the Senate and is now under consideration in the Assembly.

Members of GBF are encouraged to write letters to Assembly Member Hanna-Beth Jackson, Chair of the Assembly Natural Resources Committee, in support of this measure. A sample letter and background information regarding the purpose of the legislation is available on the GBF website: [www.gbflycasters.org](http://www.gbflycasters.org).

**-Mike Laing**

**Conservation Committee**

# Aquatic Entomology Workshop

## Webber Lake fishout Sept. 17 - 19



The GBF Conservation Committee will be hosting a stream ecology workshop at the U.C. Berkeley Sagehen Creek Field Station on September 17<sup>th</sup> and 18<sup>th</sup>. (Friday night and Saturday). On Sunday following the workshop, we will be fishing on Webber Lake which is nearby at the headwaters of the Little Truckee River.

Lynell Garfield is conducting the workshop on Saturday. Lynell is a Watershed Scientist/Aquatic Biologist, a former SYRCL biologist and a Graduate of U.C. Davis. She is currently working as a consultant for watershed protection groups, schools and government agencies. The workshop will focus on teaching participants how to sample and identify macro invertebrates and how this information can be used to assess stream health.

In addition, Bill Carnazzo will discuss how to select the "right bug" based on our samples from Sage Hen Creek so we can "match the hatch". One of the unique features of the Sagehen Field Station is a viewing area located under the creek water level that will allow us to see fish and macro invertebrates on the creek bottom. This viewing area was built and donated to Sagehen by the Golden Gate Casting and Angling Club.

The cost for the workshop is \$35 (Two nights lodging in cabins at the station and Friday, Saturday night dinners and Saturday, Sunday breakfasts) Mike Howes and Kathy Long will be coordinating the meal preparation. The cabins are "rustic" but comfortable, with bathrooms and showers nearby.

You will need to bring your own sleeping bags and be prepared for cool weather. We are limited to 25 people maximum and are requesting space for another 5. Be sure to get your name on the signup list, which will be available at the August meeting. More information is available at <http://ist-socrates.berkeley.edu/~sagehen/index.html>, select the field for the PDF information sheet to see photos of the facility and a map.

### **Webber Lake, 9/19**

Mike Brune has arranged for us to fish on Webber Lake, a private fishing lake that is spring fed and well stocked with rainbows, browns and brook trout. The fish are nice size, averaging 2-4 lbs. A fishing club owns the lake and normally charges \$75 per day for non-members.

Thanks to Mike, we have been able to arrange a reduced rate for GBFC members of \$50 per day. Powered water craft (5 mph limit) are allowed however since the lake is fairly small, float tubes, prams or canoes will work fine.

The signup list for the Webber Lake trip will be out at the August meeting. It is not necessary to attend the Stream Ecology workshop in order to participate in the Webber Lake trip.

**-Mike Laing**

15 anglers per day

## Private Access to the Yuba River April-August



photo by Gary Flanagan

The University of California Sierra Foothill Research and Extension Center and the California Department of Fish & Game are pleased to provide access to the Lower Yuba River above

the Highway 20 Bridge.

The available dates are as follows: April 10, May 8, June 5, July 17, and August 7. The hours of operation are from 7 AM to 4 PM. You may decide to wade on the river, or use the property as a debarkation point for a float trip.

Fifteen anglers on each date can gain access through a random drawing. Send a standard postcard with your name, the name of one additional person,

*see Yuba River access page 15*



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info@flyfishingspecialties.com

# Pacific Inshore Fishout June 18-20



Grab your 7 to 9 weight rods. The club is planning an inshore fish out June 18 to June 20 in the Santa Cruz area. This is your chance to catch surf perch, jack smelt, stripers, halibut, and more. This fish out date has been selected at the prime time of year for Northern California surf fishing. Ten to Forty fish can be caught per day. It is a lot of fun and nice to be at the beach.

This is the fishing that Ken Hanley and Jay Murakoshi have

been promoting for over twenty years. Please check out their websites for more information:

<http://>

[www.pacificextremes.com](http://www.pacificextremes.com)

<http://>

[www.fliesunlimited.com/](http://www.fliesunlimited.com/)

Equipment needed: 7 to 9 weight rod, matching reel, sinking line, 8 to 12 lb. leader, 3 way swivels, waders, wading belt, wind/water jacket, sunglasses, hat, and a few saltwater flies.

Campground reservations have already been made at Henry Cowell Redwoods State Park in the Santa Cruz area. More info on the park can be found at:

[http://www.parks.ca.gov/default.asp?page\\_id=546](http://www.parks.ca.gov/default.asp?page_id=546)

More information and a sign-up sheet will be available at the April club meeting.

If you have any questions, contact Karl Wolff at [kwolff@qwestonline.com](mailto:kwolff@qwestonline.com) or (916) 719-0860.

## Yuba River access

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(if you choose), your address and phone number and the date you wish to fish. Send the postcard to: CDF&G Lower Yuba River Fishing Access, 1701 Nimbus Road, Suite A, Rancho Cordova, CA 95670. Your entry card must be received 15 days before the date you wish to fish.

This is prime trout water with some tremendous hatches during these dates. This will be done

on a yearly basis and additional days may be available next year if it proves to be of interest to the angling community.

The USSFR&E website is [http://danrrec.ucdavis.edu/sierra\\_foothill/home\\_page.html](http://danrrec.ucdavis.edu/sierra_foothill/home_page.html), It contains a map and photographs of the property.

For more information call James Navicky, CDF&G Region 2 (916) 358-2926.

## Checking the details...



Bill Avery checks the glue results of the rod made by Larry Burns at the GBF Rod Building workshop. This and other GBF workshops are part of the Golden Trout Program.

This is just one of many workshops held by the Granite Bay Flycasters, check the website and The Leader for other workshops.

Photos by Nick Marmolejo

## Trout Opener and the New Zealand Mud Snail



New Zealand Mud Snails are small

In the past few years, things have changed in California's Fresh Water Fisheries. No longer can we flit from stream to stream, footloose and fancy free, assuming that our streams, rivers and lakes are free from invasive species.

The **New Zealand Mud Snail** is now firmly entrenched in Northern California and is rapidly spreading. Sadly, we, the angling community, are the cause of this spread. Before now, we had a valid excuse. We weren't being told there was a problem. Now, we are aware of what will happen when if fail to treat and clean our waders, boots and all the tool of our sport.

The California Department of Fish and Game has developed an information card that I will hand out at the next general meeting. If we follow the listed directions, we can slow the spread of the **NZMS**.

In the meantime, toxicologists are exploring methods of controlling these infestations. The angling community and government agencies are developing programs to insure that state hatcheries aren't a vector for spreading the snail. Last week, CDF&G conducted an extensive survey in the Hot Creek Hatchery for the snail. GBF Club member and Invasive Species Biologist Ken Davis was allowed to observe the hatchery survey at Hot Creek. This survey will be used as the prototype for checking other hatcheries.

CDF&G has developed **NZMS** warning signs. These signs are scheduled to be posted prior to the Sierra Trout Opener along our rivers and lakes.

If you aren't attending the April meeting, this is what you need to do to clean your equipment. Freeze waders and other gear overnight (at least 6 hours), Have extra waders and boots that are used only in infested streams and lakes. Remove snails from waders and boots by brushing or rinsing. Be aware that this method does not guarantee equipment is 100% free of snails. Never transport live fish or other aquatic animals and plants.

Together, we all can do our part to help protect our fisheries from this dreaded menace.

Basis of most casts

# The Roll Cast

The roll cast is the foundation of all fly casting. Unfortunately, most fly fishers do not spend enough time perfecting it in all its various aspects. There are many adaptations of this cast that are useful in fishing.

Why roll cast? In its simplest form, the roll cast is mainly used to straighten out slack, change direction, bring a sinking line or weighted fly to the surface, or when you can't make a conventional back cast. Even if you have a strong wind at your back, you can always make a roll cast forward. You can also roll cast into a strong head wind.

It's best to practice this cast on water because the water creates the friction and drag necessary for a good roll cast. The friction of the water on the line in the roll cast helps load, (bend) the rod. Learning how to load the rod is important for your future development in casting expertise. If water is not available, it is possible to learn this on grass using a grass leader. This was developed by Al Buhr in Oregon for practicing Spey casting.

Take a spool of monofilament, 15 to 30 lb. test. Make a cut at 15". This will be your butt section. Now, tie a blood knot. Move down the leader seven inches. Make another cut and tie another blood knot. After you have done this about 15 - 20 times you will end up with about a 9' grass leader with a blood knot every 6 inches. Leave fifteen inches on the end for a tippet and tie on a piece of yarn. Trim the stubs at about 1/2" or less. (You have to tai-

lor the length of the stubs to the length of the grass. The longer the grass the shorter the stubs should be. )The stubs will cause drag on the grass.

They will also resemble barbed wire. This leader can be dangerous so be sure to wear eye protection! This is the formula for a Spey rod. You can make the leader longer or shorter according to your needs.

When making a roll cast, you must use all three joints in the arm: The wrist, elbow and shoulder. The wrist is the weakest link in the system so it needs the most care and attention to execute a good cast. It moves all right, but in a firm controlled manner. In a conventional roll cast or fly cast, if the full range of motion for each joint is 100%, the wrist is only moving about 10% or so of its range as its contribution to the cast.

Without total control of the wrist, which means being able to apply between 1% to 100% range of motion, you will fail to master many kinds of casts. You cannot make a curve cast, for example, using only 1% of the range of motion in your wrist. In advanced fly casting, you may need 100% range of motion in the wrist, the elbow and the shoulder in some casts. The shoulder is usually used the least. (It's often over used.) It's all about control.

In a cast of about 50 feet, when making a conventional fly cast or roll cast, the shoulder only moves about 10% of its range of motion. The hand moves up and down along a 45 degree angle.



Floyd Dean

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# Roll Cast

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The elbow is the biggest contributor to the cast, utilizing about 80% of it's full range of motion. The shoulder uses only about 10% or less of it's range of motion. These percentages vary depending upon how far you are casting and the type of cast you are making.

In order to ingrain the muscle memory that will insure proper form as you develop fly casting skills, it is imperative to learn the roll cast properly.

The hand in the start position of the roll cast will be in virtually the same position as the 'stop' in the back cast when fly casting. You start the forward stroke for fly casting in about the same position where you start the roll cast. The forward stop position of the roll cast is close to the forward stop position of a fly cast. (This is true for a cast from 10 to 50 feet. Distance casting is another story).

The basic roll cast begins with

rod in hand and approximately 25 - 30 feet of line off the tip of the rod. Slowly raise the rod tip to about the 1- 2 o'clock position. The line will slide across the surface of the water toward you, (you'll find it difficult to slide on the grass with a grass leader. You'll have to compensate for that) . You must maintain contact with the water. Look at your hand. It should be opposite your face and the index finger should be at about eye level. Check your hand grip and make sure your right foot is slightly forward of the left foot, for right handers. Your shoulders should be square to the direction you want to cast. The line should be hanging straight down or slightly behind you and at rest.

The forearm should be in a close to vertical position and the elbow should be in a slightly open position, not closed. The elbow should be as close to the body as possible. The cant of the rod should be adjusted so that you will not hit yourself or your rod with the line.

To begin the cast, cock your wrist back slightly past neutral. Do not break the wrist too far back. Now, the tip of the rod is still at one or two o'clock. Chop down and forward as if you were chopping celery with a large knife. During the chopping motion, you should drop the shoulder slightly, and gradually move the wrist into a neutral position. The

*Continued page 19*

## Granite Bay Flycasters Classifieds

**FOR SALE:** Toyota Tacoma 2003 X-Cab SR5 White, TRD 4x4 Loaded, with all the whistles and bells, full warranty (5400 miles) asking \$21950.00. Call for details: Jim Hunter (916) 408-8966

**For Sale:** 1 Sage 590-4 SLT 295.00  
1 Sage 896-4 SLT 295.00  
1 Super FatCat Float Tube 175.00  
Contact Steve Johnston 530.644.4061

**Float Tube For Sale:** Wood River Stealth-rider V-Boat with storage bag Like new - only used twice \$135.00 (55% off retail) Art Hawkins (916) 725-3026

To place a classified you must be a member in good standing of the Granite Bay Flycasters. Submit your listing to: jburkholder@nmvinc.com with subject line: GBF: classified. Or mail your info to: Jeff Burkholder, 11300 Coloma Rd. Suite B14, Gold River, CA 95670.

## New Members

**Individual members:** Ken Davis, Robert Carballar, Ron Hayashi, Kevin Healy, Bob Hyink, Dahlynn McKowen

**Family members:**  
Roger D. Mattson, Phyllis Mattson

## Roll Cast continued

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hand is drawing a straight line at a 45 degree angle. That is the path that the hand should follow. The rod tip will start to bend, (load) as it accelerates downward . Open the elbow outward so that the forearm is parallel to the ground. At the end of the cast, fire that cocked wrist, and stop the rod at about 10 o'clock . At the completion of the cast the upper arm and forearm form about a 90 degree angle.

The movement of the wrist and elbow is smooth as they accelerate. The line should strike the water and unroll in an elliptical loop. As you make the cast, the wrist, elbow and shoulder are all in motion, each at the proper time. (As in all casting, you must accelerate to a stop.) Remember, the hand will be moving in a 45 degree angle downward. Do not make the common mistake of pushing out in front of you and down and avoid breaking the wrist backwards at the start of the cast. (I have leather devices to correct that.) Also, avoid pushing the butt of the rod forward because this causes the tip to lag behind. The tip needs to move first.

The right timing is going to create the best possible roll cast. If your loop is open and round, keep practicing until you've got a nice egg shaped loop.

The acceleration may need to be a little stronger or faster. The stop may need to be a little sharper. If your loop is too open and round you may have a floppy wrist. The wrist must be especially firm at the start and stop points of the cast. The height of the stop may need to be adjusted. If you stop too high, say around 11 o'clock, you will have made an aerialized roll cast. That's an advanced cast so don't forget how you did it. You'll need it later. On the other hand, if you stop at about 9 o'clock, your going to dump the cast in the water. Have a buddy watch you to see that all your joints are in control.. Perfect practice makes perfect casts.

Please feel free to email: floyddeanflycasting.com or contact me at the ponds for help. Practice that roll cast, you'll need it. Next month, the off shoulder roll cast, a little loop adjustment and a little distance.

### -Tight Loops

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www.gbflycasters.org

# The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

Granite Bay Flycasters  
4120 Douglas Blvd. #306-356  
Granite Bay, CA 95746-5936

## Granite Bay Flycasters

**Mission:** The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship

**Meetings:** General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check [www.gbflycasters.org](http://www.gbflycasters.org) or call Gary Flanagan 916-223-4240.

Doors open between 6:30pm and 7pm for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:30pm. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show or other presentation. Each meeting also has a raffle, and visitors are always welcome!

**Membership:** Membership applications are available online [www.gbflycasters.org](http://www.gbflycasters.org) and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is pro-rated throughout the year. For membership information, call Lester Snow 916-967-7563 or visit the website [www.gbflycasters.org](http://www.gbflycasters.org)

**The Leader:** This publication design and layout is donated by NMV The Marketing Firm, Inc., President/GBF member, Jeff Burkholder, 916-852-7716. To send articles, photos, ads, and other materials please email to: [jburkholder@nmvinc.com](mailto:jburkholder@nmvinc.com) Please put 'GBFC' in the subject line. Deadline for materials: 15th of the month. Printing done at cost by the Electric Page 916-737-3900

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