

The Leader

THE NEWSLETTER OF THE GRANITE BAY FLYCASTERS

June 2010

www.gbflycasters.org

President's Message

by Mike Howes, GBF President

Our [Annual Picnic](#) is this weekend, June 3rd - 6th. If you haven't signed up for the picnic, you can still attend—we always have plenty of food and plenty of fun for all. The One-Fly Contest will be on Saturday. Rules for the one-fly competition will be distributed Saturday morning. The one-fly starts at 9:30 AM. Get there early so you can be on the shore with float tube at foot and ready to go. After the one-fly, we have the Frank Massey Memorial Not-so-Special Olympic games, followed by Tony Hamamoto's barbeque. See the website for more information under "[GBF Annual Picnic](#)."

Our June meeting will be the election for club Officers and Board of Directors. We will also have a presentation by Matthew Peterson, the recipient of a GBF scholarship grant at Humboldt State University, who will talk about his research project

The [Sagehen Entomology Clinic](#) will be on June 12th and 13th. This is an event for novice fly fisherpersons and their families to learn about the bugs, and the flies used to imitate the bug. Terry Eggleston will give an entomology clinic. It will involve on-the-creek bug collection and identification. It is a great opportunity to learn along with the kids. There are cabins to stay in Saturday night. There is a small fee for the lodging and food. Please go to the website for more information at "[Sagehen Entomology Clinic](#)."

Fishouts are always a great way to meet other members, and to learn different fishing strategies. We are trying to have fishouts that are in the area and on weekends, so working members can enjoy this facet of the club. To have fishouts, we need "Fishout Leaders." Karl Wolff, our fish master, has several places where we can have fishouts, but no one to lead them. A fishout leader selects the date and place for the fishout. Most of the places already have a write up on them, and only need to be modified to promote the current fishout. Karl Wolff is willing

to help anyone wanting to lead a fishout. Get involved in the club and volunteer. Contact Karl at Karl.wolff@sbcglobal.net.

Mike Lang, Big Mike as we called him, was a gentle man of 6'4". He was always happy, and he was like a big teddy bear—always involved in the club. He led fishouts and donated to the annual dinner. He was a great guy. About three years ago he developed cancer of the throat. He fought gallantly until the end. Mike has left memories for many of us. May he rest in peace.

Life is reel
Mike



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Fly Tying Contest Winners for May

Beginners: Art Garcia

Advanced: Michael Gervais

\$25 Certificate to American Fly Fishing: Michael Gervais

JUNE 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1. 7:00 PM Conservation Committee Meeting	2.	3.	4. Fuller Lake Fishout and GBF Annual Picnic 3rd - 6th	5.
6. Fuller Lake Fishout and GBF Annual Picnic	7.	8.	9.	10. Monthly Meeting 7:00 PM	11.	12. Sagehen Entomology Clinic 12th - 13th
13. Sagehen Entomology Clinic 12th - 13th	14.	15. Fly Tying Jam 6:30 PM	16.	17. 7:00 PM Board Meeting	18.	19. Red Sesbania Removal 8:00 AM
20.	21.	22.	23.	24.	25.	26.
27.	28.	29.	30.			

Monthly Program

Our guest speaker in June is Matthew Peterson, the recipient of a scholarship grant provided by GBF to Humboldt State University in support of a graduate student in fisheries biology. His presentation will be on the details of his research and their results.

Matthew grew up in Northern California and developed a passion for fishing very early on. He began fly fishing and tying flies at the age of ten, and guiding professionally on the Upper Sacramento and McCloud Rivers at the age of 19. He graduated from Humboldt State University with a Bachelor's of Science degree in 2005. He worked for several years as a fisheries technician and watershed coordinator after graduation, before returning to HSU to pursue a Master's of Science degree in 2008. His graduate work focused on studying the half-pounder life history of wild and hatchery steelhead, and the population genetics of wild steelhead in the Trinity River.



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Upcoming Classes and Clinics

by Art Livingston, Chair, Member Education

Below is a list of clinics and classes that will be offered to members. Some have scheduled dates; the others will be scheduled shortly. If you have suggestions as to other clinics or classes, be sure to contact me and we can discuss your thoughts. Look for specifics on classes and clinics on the web site, and in future *Leader* articles.

<u>Clinic/Class</u>	<u>Date(s)</u>
Rod Building*	Started February 16; Continuing
N. Yuba Nymphing Clinic**	Saturday, July 10th

* Larry Lee and Bill Avery will schedule individuals to complete their rods.

** N. Yuba Nymphing Clinic will be hosted by Bill Carnazzo. Sign-up sheet will be available at the June Meeting.

Sagehen Entomology Clinic Sat/Sun, June 12th and 13th

This year's "bug class" will be held, once again, at UC Berkley's Sagehen Creek Research Station on June 12th – June 13th (Sat-Sun). Sign-up sheets will be at the general meeting(s). Cost is **\$40.00 per person for overnight lodging** (includes 3 meals) and **\$25 per person for Saturday participation only** (includes 2 meals). As we did last year, minors, ages 6-17 may participate, with adult supervision, at no charge.

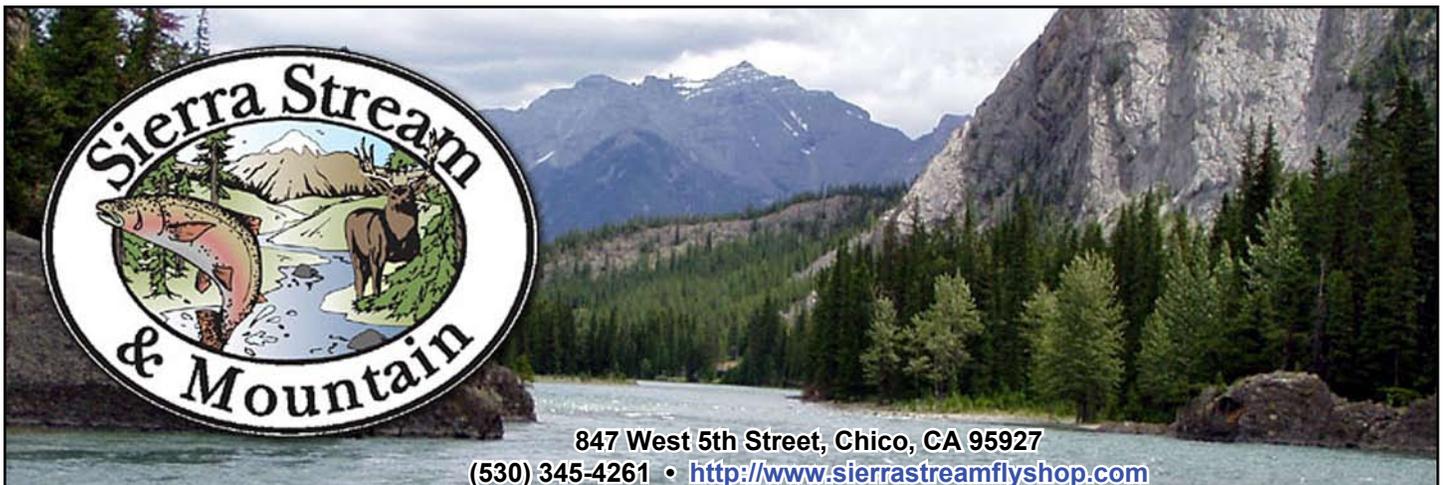
The field station has several bunkhouses reserved for us, and the nearby Sagehen and Prosser campgrounds are also available if you prefer a quieter location that guarantees you won't have someone snoring in the bunk bed next to, above or below you! The field station has nice facilities, including hot showers, kitchen, dining room and classroom. The campground is about a 10-minute walk, half a mile upstream from the field station on a separate, gated road. **Campers will be charged the same activity fee, which will include all presentations, field study, meals and access to the showers.** Check out the Sagehen website by clicking [here](#), and be sure not to miss their live [Fish-Cam](#) link at the top of their home page! Here's a link to their [Waiver](#), [Directions](#) (about 8 miles north of Truckee on Hwy. 89) and map in PDF format.

The clinic is on Saturday. Our instructor will be our very own GBF Member, Terry Eggleston. He'll be showing us the comparison between the real bugs vs. our tied flies in a classroom setting. There will also be a stream collection and observation time, and a casting demonstration by Rick Radoff which will be viewed under water in the stream-side viewing chamber so we can see exactly how a trout really looks at and takes (or refuses) a fly.

On Sunday you will have the opportunity to do some fishing on your own in the various creeks, rivers, and lakes in the area. More information will be posted on the website – maps, directions, etc.

***NOTE* We NEED a cook, and you don't need to be a chef to volunteer!** Meals are simple – Sat, Lunch/Dinner and Sun, Breakfast. Please contact me ASAP if you can volunteer for this purpose. This, too, would count for conservation volunteer hours.

If you have any questions, you can contact me, Robin Egan, at Tggr514@yahoo.com or John Carroz at jwcarroz@surewest.net.



ANNUAL ELECTIONS

The annual election of officers and directors takes place at the June general meeting. Below is a list of the positions to be voted on, and the members who have been nominated so far

President	Dennis Baker
Vice President, Membership	Jerry Devlin
Vice President, Conservation	Open
Secretary	Mel Odemar
Treasurer	John Hogg
Director, 3 year term	Taylor Yates
Director, 3 year term	Open
Director-at-Large, 1 year term	Tony Fabian

Nominations will be accepted and made final at the May general meeting, except for any position that does not have at least one candidate, in which case a member may be nominated at the June general meeting, and shall run as a write-in candidate. Like other club activities, being on the Board is actually fun, while being very educational. Just ask anyone who has ever served on it. It takes very little time (usually less than 2 hours a month) and is a great opportunity to become involved in the club and help chart its future direction. For GBF to remain a great organization, we totally depend upon the support of members willing to donate their time and talents. Please consider how you can help, and become more involved.

If you are interested in volunteering your time and assistance for any of these positions, or would like more information, please contact Frank Stolten 725-6894, or Mike Brune 723-4524 prior to the June meeting.

Granite Bay Flycasters Classifieds

To place a classified ad, you must be a member in good standing of the Granite Bay Flycasters. Classified ads will run for only one issue of *The Leader*, unless the seller requests it to run longer. Submit your listing to: fstolten@comcast.net with subject line: 'GBF: Classified'. Or mail your info to: Frank Stolten, 8290 Country Lake Dr., Orangevale, CA 95662. All ads must arrive by the 15th of the month to be included in the following month's *Leader*.

WARMWATER 101

This month we will cover rods and reels. We are blessed with the many choices we have available in our selection. When I first started fly fishing in 1948 the only rods were either bamboo or tubular steel. Since my grandfather preferred Pike and Walleye, my first rod was tubular steel. I do not remember the brand name or the brand of reel I used. By today's standard, they were quite crude. Since that time, there have been many changes in the material rods are made of. When fiberglass came out, everyone thought there could not ever be anything better and that rods had met their ultimate level of quality. There are still many fishermen that prefer fiberglass but I am sure not one of them. I do not see how anything can be better than the modern graphite rods. Please do not buy a rod just because someone in the club happens to use that brand and, with the years they have fished, they should know what is best. When you buy a rod, go to a store that has reels with all of the different line weights so that you can go outside their store and try them out. If you are new to fly fishing, learn the basics of casting with one of the club rods.

Fly rods come designed to cast a particular weight of line. With some experience you will at times learn to break these rules. The first thing to ask yourself is what type of fishing will you do the most of. If your interest is trout or panfish, a 5 or 6 weight rod will do just fine. If you want to add smaller bass to your list, go with the 6 weight for casting small streamers. The 7 weight is the start of the larger rods. 7, 8 and 9 rods will handle much larger flies aimed at larger fish. I probably use an 8 weight the most. I find this size can easily handle flies up to 3/0 hooks. For heavily dressed flies and flies in sizes of 4/0 and 5/0, I go



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Warmwater 101 - Continued from Page 4

to a 9 weight. An 8 or 9 weight will easily cast most of the shooting head lead core lines. Many fishermen will have a large collection of rods in many sizes. Learn to use what you have before you experiment. There is a rule of thumb in buying additional rods – skip 1 size and go to a rod that is 2 weights larger or smaller.

Apart from the weight classification, rods are also grouped by their action. A rod with a fast action will have its elasticity at the top of the rod. With a slow action rod, the entire rod works during casting and playing. Medium action comes between these two extremes. For the bass and stripers I fish for, I prefer a rod with a medium fast or a fast action. These will cast those big flies I tie. The fly shops in Sacramento are among the best around. Talk to them. They will be quite honest with you and guide you to what you need. You also have the opportunity to make your own rod at one of the classes at GBF. This can save you quite a bit of money. In buying one of the lower price rods, I am extremely impressed with the Temple Fork Outfitters line of rods. I do not own any but I have cast them and, for the price, I find them to be excellent rods.

Fly reels I will not spend a lot of time with. Reels are made to hold your line and not much else. If you plan on doing a variety of fishing, be sure the reel has interchangeable spools and a decent drag system. In bass fishing, I carry two reels and about 6 extra spools. This is overkill to some but I like the variety of lines now available. Lines will be covered next month.

This is only a touch on rod selection but don't rush into buying a rod until you have a good idea of what you want. There are many other selections, such as the rod one of our members purchased at the Kiene Expo which is only 7 ft. long and takes a 3 weight line. This is perfect for him for fishing small mountain streams. Ocean fishing will move you up to a 13 or 14 weight outfit. The spey caster will use a rod much longer than the standard 9 ft. These rods are for double handed casting.

Please do not hesitate to talk with one of the people in the club. We are all here to help when needed.

. . .Pete Peterson



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Conservation Corner

Our May conservation committee meeting had 3 in attendance (besides me). Thank you to Tom Pettey and Rick & Fran Radoff for their time and continued commitment to the conservation committee. We heard a fabulous presentation from Steve Karr of **Putah Creek Trout**. This is definitely a fishery we should take interest in and we will most likely be helping with their habitat rehabilitation projects later this year. Remember, attendance at the committee meetings counts toward your total volunteer hours for the year.

Denny Welch
Attorney at Law

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The 2010-11 VP Conservation position still does not have a nomination for June's election. Not one soul has stepped up to the plate as of the writing of this report. There are plenty of people around with all the guidance you will need for success, including me. Your club needs **YOU!** Let Frank Stolten know if you are interested, as he is part of the nominating committee. For more information on what this position entails, call/e-mail me.

SPECIAL PROJECTS/MEETINGS/EVENTS—

Proposal to close Upper Sunrise Access on American River - Meeting May 12th

The Sacramento County Department of Regional Parks hosted a public meeting in May 12 to discuss the proposed closure of a gravel road within the Upper Sunrise Recreation Area of the American River Parkway. The lightly used road leads to a gravel bar that is used by fishermen and others wanting to park at the river's edge.

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"The gravel bar was used as a temporary boat launching site prior to construction of the new ramp near the Old Fair Oaks Bridge," said Chief Park Ranger Steve Flannery. "There is also a relatively new concrete ramp across the river at Sailor Bar, so launching from the gravel bar is not necessary. The river stays cleaner when boats are launched from a steeper incline."

With the closure of the road, the nature-sensitive area will better protected, it will prevent motorized vehicles from crossing the Parkway bike trail on a potentially dangerous curve, and it will reduce or eliminate visitor complaints of loud car stereos and dogs running off leash. "This area could be a quiet spot for visitors walking from nearby parking or an interesting stopping point for those taking a longer hike," said Flannery.

Parking is available close to the proposed road closure and the walk to the gravel bar is about a hundred yards.

"DFG Game Warden from SAC-Sierra TU Region Wins DFG Officer of the Year Award" by Bill Templin

The California Department of Fish and Game has selected Foresthill Warden Robert Pelzman as its Law Enforcement Division's Officer of the Year.

Well known local fly fishing guide, Bill Carnazzo (Upper American River Vice President and former GBF board member) also noted meeting Warden Pelzman just after he had nabbed poachers with a huge number of small trout illegally taken from Long Canyon Creek, a tributary to the Rubicon River in the Middle Fork American River Watershed.

This is just another example of the fine work that the DFG Game Wardens do to protect the fisheries of the Upper American River Watershed!

These guys don't get enough recognition for the great work that they do, so we want to send our Congratulations to Warden Pelzman for work WELL DONE!

Middle Fork American FERC relicensing meeting(s)

Bill Carnazzo, Tony Fabian and Tom Bartos continue to attend these meetings 2-3 days/week. As reported by Bill Carnazzo to NCCFF:

We've had several daylong in-stream flow meetings during the past couple of weeks, concentrating on the small streams--Duncan Creek and the North and South Forks of Long Canyon Creek. Our latest meeting was today. In short, the consultant modeled the flow scenario that I, in collaboration with the Foothills Water Network, submitted for modeling purposes, and the results were presented today. As you may recall, our scenario included increased flows for each of these streams, with the amount of the increase varying by month and by water year type. The federal and state agencies asked for additional model runs on flows that in some instances were even higher than those we proposed, and with some interesting variations in the pulse flows designed to mimic the natural spring hydrograph. The bottom line is that under the worst-case scenario, the "power cost" to the licensee is less than 5%, which is remarkable--and good news for us. Of course, these streams are part of a larger system that includes two "larger" rivers, which we haven't gotten to yet. In other words, there will need to be a watershed-wide water balance struck once we have gone through all of the streams, so it cannot be said at the present moment that the flows we have asked for will be the final flows for the small streams. We will have to await the final results for all of the streams. But what we can say is: (a) in the last analysis, we will definitely have more water and habitat for fish and bugs, and for the rest of the biota; and (b) we have the support of the federal and state agencies (with the caveat that from their standpoint they have to be concerned not only about trout, but also frogs and other fish species such as the hardhead population). We meet again next week for two days on the flow issues; some of that time will be devoted to finishing up with the small streams, and then we will move on the the upper Middle fork and the Rubicon, where the issues may be a little tougher.

Beyond that, we will take up the "peaking reach" below Oxbow as the last step in negotiations. That will take considerable time because of the myriad private and public agency interests involved, and the complexity of minimum flows, peaking flows, and ramp-rate issues. There are also flow-related issues such as the re-watering of the Horseshoe Bend that need to be resolved. That will prove to be a very interesting process.

Tomorrow we are scheduled to again take up the recreation plan, and specifically the p.m.& e issues. As you may recall, I drafted and submitted a long, detailed list of improvements for the bypass reaches that address our interests as anglers, and Tom Bartos has submitted a similar list for the peaking reach. I expect some significant discussions to take place over the "nexus" conundrum, with PCWA pushing back with a rather hard line and narrow approach while marching under the banner of "too much money." But we'll have to see their response tomorrow and assess what our next steps should be on our lists and those presented by other folks.

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Conservation Corner - Continued from Page 6

We intend to continue to work collaboratively with the Foothills Water Network and our MFA working group. Julie Liembach has done a fabulous job through all of this, and we are fortunate in having Entrix as the licensee's scientific consultant--their team is very objective and independent.

UC Davis Hardhead Temp Study – Fish-out Friday, April 16th – By Bill Templin: Lisa and two of her research assistants (Dennis Cocherell and Halley Nelson) met with 8 GBF members and 2 Sac-Sierra Trout Unlimited Members for this first attempt to find Hardhead for this study in this watershed. They have already collected 30 Hardhead specimens from the South Fork American and Feather Rivers but they hope to gather at least 80 and their permit allows up to about 400 adult hardhead. They are required to have a large sample size to make their results “statistically accurate”, so they need more fish!

Our goals for the day were to:

- 1) Find out what the heck a Hardhead is (since most of us had never seen one)
- 2) Learn how to catch Hardhead and try to catch up to 10 specimens.
- 3) Introduce more anglers to the beauty and resources of the Middle Fork American River.
- 4) Enjoy a beautiful day in the Sierras to relieve “cabin fever” following an “almost normal” rainfall year that seems like it's kept us indoors for a very long time (since we've forgotten what a normal year of rain looks like after experiencing several drought years.)

The good news is that we met 75% of our goals!

Our first goal, following introductions of Lisa and staff to the watershed and to the volunteers) was to find out “What the heck is a Hardhead?” Lisa, Dennis and Halley were the only ones present who have ever seen a Hardhead (fish at least) in the flesh. One of Lisa's other duties is content manager for the U.C. Davis [“California Fish Website.”](#) If you visit this site you can see photos of California native and non-native fish, including [Hardhead](#).

Our second goal was to learn how to catch a Hardhead and try to catch 10 fish. We knew that the researchers had found their best luck catching Hardhead using a glob of red worms basically “cat fishing” for them on the bottom of the reservoirs. With this information we brought San Juan Worms and Wooly Boogers in various shapes and colors. Most of us hadn't brought spinning equipment (that may still be buried somewhere in our garages) so we were hoping to break new ground and catch them in other ways. From Lisa's website we could have learned that “... Hardheads tend to prefer warmer temperatures than salmonids and they are often found associated with pike minnows and suckers. In general these fish will eat benthic invertebrates, aquatic plants and algae, or insects. The young Hardhead typically feed on mayfly and caddis fly larvae as well as small snails.” (Later in the day we noticed what appeared to be a mayfly hatch on the reservoir.) We could have also learned that “Older fish may focus on plants, crayfish and larger invertebrates.” Unfortunately, most of us hadn't been aware of Lisa's website prior to making this first trip, so we weren't as prepared as we will be next time. Some volunteers did have artificial crayfish from their prior trips to the Truckee River where they are a popular “fly” to use. Two of the volunteers did think to bring float tubes, and one brought a small boat, the rest fished from the bank. The bad news is that no one caught any Hardhead on this date, even the researchers and volunteers who used red worms and night crawlers (but the researchers “claimed” to have gotten some bites). Lisa also set out 6 traps, three in each tributary, in hopes of catching some juvenile Hardhead, but no luck there either.

Our third and fourth goals were to introduce more anglers to the Upper American River Watershed and help them shake off the “Cabin Fever” from several months of rain and winter weather. We are happy to report that we were very successful at reaching these goals.

The good news is that we will have other chances at these wily Hardhead in the future and hopefully (but no guarantees) we will have a little more advanced notice. We learned a lot about these fish, what they look like and what they eat. Next time the water should be warmer and hopefully the fish will be more cooperative!

More good news is that later in the afternoon the crew moved from the upper end of Oxbow Reservoir downstream to near the dam. The guys with the boat went out “in

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Conservation Corner - Continued from Page 7

search of” schools of Hardhead and other probable locations where they might hang out. The guys used their high tech “fish/depth finder” and they located a lot of fish, at least on their fish screen. They only got one bite, but the result was good. Although the fish wasn’t a Hardhead, this “incidental catch” of this “non-native” species provided an excellent end to the day for at least one of the volunteer anglers. What was it? A 22 inch 5 lb. German Brown. Who Caught It? Don Krueger, Sac-Sierra Trout Unlimited. Was it released? You betcha!

Red Sesbania Removal: Saturday, May 1st— Mitchell Egan and I participated in this event by ourselves last month. There were lots of little seedlings we pulled and a few juvenile plants too. There were even plants I pulled out of water 6-10” deep near the bank (arm’s length). We worked for about 3 hours. There will be plenty more to pull in June.

Red Sesbania Removal: Saturday, June 19th— We will meet at 8:00 am at Rio Americano High School (4540 American River Drive) so that we can beat the potential heat for this time of year. You can wet wade if necessary, or wear shoes/boot that can be muddy. There are berry bushes to get through on the way out to the peninsula, so wear lightweight, yet protective clothing. Water and lunch will be provided. Two-way radios are helpful for communication, and extra loppers or pruning shears and small garden weed wrenches would be welcomed. There will be a sign-up sheet at the general meeting.

Sagehen Entomology Clinic— Saturday/Sunday, June 12th - 13th: See the separate article in this month’s *Leader*.

CURRENT LEGISLATION—

AB2336: Another anti-striper bill— *“gutted and amended in assembly”* to simply state: *“This bill would require the council, in the course of developing and adopting the Delta Plan, to direct the board to conduct an assessment of certain stressors on populations of native fish species in the Delta, the Sacramento and San Joaquin rivers, and the tributaries to those rivers below the rim dams of the central valley, and recommend changes in statute and actions by state agencies to remedy the situation in as timely a manner as possible.”*

NEXT MEETING—

Our next meeting will be Tuesday, June 1st at 7:00 pm. The meeting will be held at Round Table Pizza in Fair Oaks ([4400 San Juan Avenue](http://www.4400sanjuanavenue.com)). As always, all are welcome to attend. ~Robin, Tggr514@yahoo.com.

Rod Building 204C (3 of 3)

Tying Guides to Blank by Larry Lee

This is the last of three articles that provide direction for permanently tying the guides to the blank. These articles collectively describe how to: 1) tie the guide to the blank, 2) tie the hook-keeper to the blank with thread, 3) reinforce the ferrules, 4) place thread onto or adjacent to the tiptop, 5) add some small single trim or trim bands, and 6) prepare the rod for epoxy application to the thread.

In all of these photos, I used a metallic colored thread that I hope shows the steps clearly. If you have a difficult time following the steps outlined here, it would probably be helpful to enroll in a rod building class and learn these techniques from the instructor. Also, it should be kept in mind that this is not the only way to tie on guides, but it is a technique that learning rod builders seem to adapt to quite quickly.

Tying on the guide (continued from previous article):

A few general notes to refresh your memory from the last article:

During the final wrapping, threads should ideally not overlap, but should be as closely adjacent to each succeeding wrap as possible so that the blank does not show through.

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Continued:

Insert the end of the clipped thread through the loop, while still holding the wrapped thread down with your finger. Next, take the opposite hand and hold the end of the thread firmly, putting the remaining fingers of that hand (or just one finger, if that is all that will fit) onto the blank to keep it from rotating. Now with the right hand pull the loop until the end of the loop rests just under the end of the wrap by



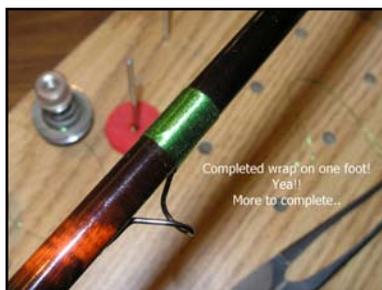
(1) Pull loop with right hand while preventing blank from rotating with fingers of left hand.

one to two threads (see photos: (1) “pull loop with right hand” and (2) “end of loop under wraps”). Now you can take your fingers off the blank and clip the unlooped end of the thread that goes under the wrap, being careful to not damage your wrap with the scissors (see photo: (3) “clip end of thread”). Next, pull both ends of the loop entirely through (see photo: (4) “pull loop entirely through”). There should be no thread from the clipped end of the thread coming out the completed wrap. If there is, you have a couple of options: 1) Cut off the entire thread and try again using the previous steps, or 2) Very carefully and quickly burn off the end of the thread with a lighter. I will discuss why having no loose thread is important in a later article.



(3) Release blank with fingers and clip end of thread.

The next photo (“completed wrap on one foot”) shows a completed wrap on one foot. Now start the process again with the other foot, beginning with the “wrap and tape off” step in article 204A 1 of 3 (see photo “start wrap on other guide foot”). Continue the process as described in these three articles to complete the wrap on the second foot. Voila! You have now completed tying the guide to the blank (see photo “completed guide foot”).



(5) Completed wrap on one foot! Yea!! More to complete...

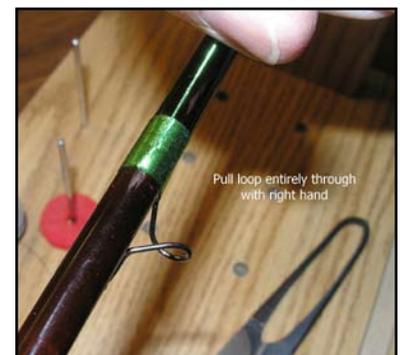
The last three articles have described the basics of tying on individual guides down the entire length of the blank. There are variations to this technique that will be discussed in later articles.

As always, rod building classes are available for learning these processes. If you have any questions or suggestions, please feel free to contact Larry Lee at llee@l3rods.com, or by telephone at (916) 962-0616.

(7) Completed guide with thread on both feet. Time to take a creak and pat yourself ont he back!!



(2) Pull end of loop with thread slightly under wraps (1-2).



(4) Pull loop entirely through with right hand.



(6) Start wrap on other guide foot.

Fly Tyer's Corner

by Bill Carnazzo

Two Essential Techniques

This month, instead of doing a specific fly, we're going to do something different: learn two important tying techniques that puzzle most tyers. Why? Because for the July Leader, we will build on and use these two techniques to create an adult *Hexagenia*, which is the largest of all of the species of mayflies. In my view, it would be difficult to tie the Hex pattern if you have to learn everything at once; and, to boot, the article would be laboriously long. If you want to tie the Hex that will be in the July Leader, I recommend that you study the two techniques that follow, and practice them diligently. The two techniques are: (a) creating an extended body with foam; and (b) creating a "dubbing brush" for a pull-over style fly. Let's get started.

1. **Creating a foam extended body.** What is the advantage of an extended body, other than the fact that it just looks dandy to the eye of the tyer? First of all, it enables you to tie a large dry fly such as the Hex, or a *Pteronarcys* Stonefly (commonly called a "Salmon fly") without having to use a huge, long hook. Secondly, it creates a nice, natural looking abdomen. Third, because we are using foam (in combination with the hackle-brush, pullover technique), we achieve additional floatation. There are other reasons that will become apparent to you when you tie an extended body pattern and fish it.

a. **Materials needed.**

- A sewing needle about 1.5" in length.
- Two millimeter foam
- 8/0 thread to match the color of the foam

b. **Tying steps.**



Step 1

1. Place the needle in your vise, with the eye-end inside the jaws, and clamp it down well.

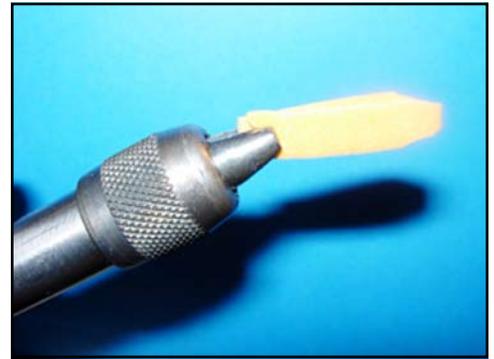
2. Cut a piece of foam approximately ¼" in width and 2" long

3. Fold the foam in half and cut a tapered notch on each side of the folded end.

4. Open up the foam and press it onto the needle in the center of the notched portion, and slide the foam back to the vise jaws.

5. Wrap a small amount of thread in front of the foam—keep it sparse; too much thread will cause problems in removing the completed body from the needle.

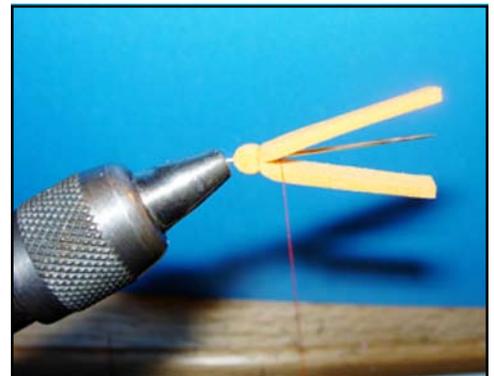
6. Press the two halves of the foam together, making sure that the thread is inside the



Steps 2 & 3



"sandwich."
Step 4



Steps 5, 6, & 7

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Steps 8, 9, & 10

7. Wrap around the sandwiched foam 3 times, about 1/8" in front of the jaws; this will create our first "bubble."

8. Take three wraps around the needle between the two halves of the foam, moving the thread forward about 1/8" and repeat steps 6 and 7. Do this until you have made at least 5 bubbles, spaced in equidistant fashion.



Step 11 - Completed

9. When you've completed the last bubble, whip finish at the front of the most forward bubble and place a tiny drop of super glue on the whip finish.
10. Quickly slide the body off the needle; if you wait too long, the super glue may set up against the needle and the body won't slide off.
11. You'll notice that you have, in effect, a duck-bill-like appendage consisting of the two foam stubs, at the front of the body. Trim one of the two foam stubs off close to the thread wraps. Taper the second stub to a point (this will make it easy to tie to the hook when the time comes).
12. Make a dozen bodies. You will get better at it with repetition.

2. **Creating a hackle brush.** What is a hackle brush? It is up to 40 (sometimes even a few more) wraps of hackle around a core such as monofilament, fluorocarbon, flex floss, or similar material. It is used in tying "pull-over" style flies. Certain small patterns (notably some of Bob Quigley's gems) require only a few wraps; large patterns, such as the Hex we will tie in July, require 40 or so wraps. As indicated below, you will need to have a gallows tool for your vise in order to do pull-over hackle brushes.

a. Materials and tools needed.

- Hook (any variety will do for practice purposes)
- 4x monofilament
- 8/0 thread to match body color
- Dry fly quality saddle hackle (long, narrow, shiny), color to match body
- Gallows tool for your vise



Step 1

b. Tying Steps

1. Cut a 1' long piece of 4x monofilament or fluorocarbon and tie it on the hook securely at the end of the shank. Attach the other end of the material to your gallows tool, making sure that the material is taut. If it is too loose, wrapping the hackle will be very difficult. This will be the hackle post. Place a drop of super glue on the wraps.



Step 2

2. Tie in a saddle hackle at the base of the post and take 5 or 6 widely spaced wraps of hackle up the post. This step should cover about 1" of the post.

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Steps 3 & 4

3. Begin winding down the post with tightly spaced wraps; at the end of each wrap gently pull the hackle upwards to seat it against the prior wrap. If you have done this correctly, you should be able to get around 40 wraps around the post before hitting the shank.

4. At the end of the last wrap, pull the hackle forward along the shank and tie it down with a few wraps.



Steps 5 & 6 - Completed

5. Cut the post, leaving a tag of about 1"; you will need this tag in order to pull the hackle brush forward across the top of the abdomen when we tie the Hex fly.

6. Pull the brush rearward, and wrap the thread back to the base of the post. For now, just whip finish there. The hackle brush is complete.

7. As in the case of the extended body, practice this by doing it at least a dozen times. You will become proficient with it rapidly if you do so.

See ya on the creek....

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Introduction to Fly Fishing* - \$19.88 per Student

Receive a gift certificate for \$19.88 off your next purchase of \$100 or more. We familiarize students with the rigging, knot tying, casting, entomology (fly selection) & more. **We supply all equipment.** Class sizes are limited and pre-registration is required. Sign up at store or on-line. **Saturdays... 7:45AM - 11:30AM**

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If you want to do advanced casting - private is the way to go. **Contact: Dave Sloan 916-202-9450 or email sloaney82@hotmail.com**

Sloan's Upper Sacramento River Trout School* - \$525.00 per angler

Learn the most effective trout fishing techniques from our staff of professional instructors and guides. **We supply waders, boots & equip.** **Includes lodging, meals and instruction - June 11-13, June 25-27, 2010**

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You don't have to travel far to experience a great steelhead fishery-we have one in our own back yard! **We supply waders, boots & equip.** Limited to 6 anglers. **10AM - 4PM - September 11, 2010**

Sloan's Yuba River Fly Fishing Clinic* - \$99 per angler

The Yuba River is one of California's true gems. **We supply waders, boots & equip.** Limited to 6 anglers. **10 am - 4 pm - April 24, 2010**

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Sage Intermediate Spey Float--Yuba River with Bill Lowe* - \$220 per angler

Drift-boats will be used to for students practice and enhance their spey-casting skills throughout the day. **Sage rods supplied.** **Contact: Bill Lowe (916) 966-0999 or email bill@billloweflyguide.com**

* See our website for more information

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GBF Annual Picnic And One-Fly Tournament
June 3rd - 6th — Fuller Lake

This year our annual picnic will be better than ever. Every year we learn and improve. If you have any ideas to better the games please let us know.

Thursday, June 3rd - Arrive any time after 2 pm, set-up camp, open a soda, and kick back. Or go fish!

Friday, June 4th - Go Fish!

Saturday, June 5th -

9:00AM - Start the One-Fly Tournament on Fuller Lake.

12:00 noon the tournament ends.

This is a chance to put your skills in a friendly competition for bragging rights and some great prizes. In categories of most fish, largest fish, smallest fish, first to loose their fly, etc.

After the tournament ends, the barbeques will be fired up. While chef Tony Hamamoto and the assistant chefs are busy cooking we'll hold the 5th annual "Frank Massey Memorial Not-So-Special Olympics". This is open to all. It's like picnic games combined with fly fishing skills. Thank you Dave and Dan for your willingness to plan fun games for everyone!

Dinner will begin at 6:00 PM. After dinner the Awards ceremony for the One-Fly tournament and the Massey games will be held. At dark we will start the bon-fire and roast marshmallows.

Sunday June 6th: pack up and Go Fish!

WHERE: Bear Valley PG&E Group Campground

DIRECTIONS: From Roseville take I-80 east to the Highway 20 "Grass Valley exit". Go about 5 miles north to Bowman lake Road. This is the road to Fuller Lake. Go approximately 1/3rd of a mile on Bowman Lake Road to the campground. The Campground is on the left before you cross Bear River.

THE DETAILS:

1. Bring your family
2. Have a great time
3. GBF will provide hamburgers, hot dogs and sodas thanks to Grillmeister Tony and all the volunteers on Saturday eve. **In the spirit of a potluck event we are requesting members to bring a dish to share per the chart below:**

A-H Salad I-R Appetizer S-Z Dessert

Campsites are first-come/first-served. We have limited space at the main campground for RVs, but plenty of space within walking distance just outside the campground. We will have signup sheets at the April and May meetings or you can email me with your name & headcount. All are welcome; but we need to know how much food to buy and who is participating in the 1-Fly Tournament.

Michael Powers

powers@cwnet.com • 916-606-5558

Virginia Lakes Fishout — July 8 - 11

Once again GBF is headed over the Sierras to beautiful Virginia Lakes. Located off Highway 395 and not too far from the town of Bridgeport, these small natural lakes are true Sierra Gems. Several high granite peaks tower over these pristine lakes. Both Virginia Lakes and Trumbull Lake are accessible by vehicle (elevation 9700'), but if you want a treat, take a short hike up the trail to a walk-in lake that contains Golden Trout.

The fishing is usually excellent all day long (mostly on subsurface flies) with 20 fish mornings common. A short hike up the trail brings you to a couple of lakes filled with Brookies that readily take dry flies. This fish out is perfect for beginning anglers (there will be lots of folks there willing to help you and extra equipment can be arranged for), and experienced flyfishers alike who love beautiful scenery and fantastic fishing. A short drive from the campground will bring you to many fly-fishing venues like the East Walker, Green Creek, Twin Lakes, Robinson Creek, Mammoth Lakes, Bodie, and Bridgeport Reservoir, to name a few.

The area boasts a nice campground at Trumbull Lake. Space can be limited and larger RV's may need to camp in an area just down the road. If you do plan on going, please call Mike at (530) 677-8022 so he can get an idea of how many campsites he needs to secure. More information will be available at the June meeting.

Michael Kaul, Fishout Leader
sandyk@directcon.net

Granite Bay Flycasters
4120 Douglas Blvd. #306-356
Granite Bay, CA 95746-5936

Granite Bay Flycasters

Mission: The organization is dedicated to conservation of fish habitat, advancement of the art of Fly Fishing, and good sportsmanship.

Meetings: General club meetings are held on the second Thursday of each month at the Granite Bay Activities Center on the shores of Folsom Lake. For directions, check www.gbflycasters.org, or call Mike Howes at 916-863-6795.

Doors open between 6:00 P.M. and 6:30 P.M. for socializing and fly tying demonstrations. The business portion of the meeting begins at 7:00 P.M. The main program gets underway after a short refreshment break and usually involves a guest speaker and slide show, or other presentation. All meetings are open to the public and visitors are encouraged to attend.

Membership: Applications are available on-line at www.gbflycasters.org and at general meetings. Single membership: \$30; Family memberships: \$35; and youth (under 18): \$10. There is also an \$8 name badge charge for all new members. Membership is prorated throughout the year. For membership information, call Jerry Devlin at 530-878-8934, or visit the website at www.gbflycasters.org.

The Leader: To send articles, photos, ads and other materials, please e-mail to: Frank Stolten at fstolten@comcast.net. Please put **GBF Leader** in the subject line. Deadline for materials is the 15th of each month.

Please notify if address change

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